

## Overview

### Background

In 2004, the State Government announced a Safe and Healthy Schools policy under which schools are required to train all students in cardiopulmonary resuscitation (CPR) skills before they leave Year 12.

*CPR for Life*, developed by the Queensland Ambulance Service (QAS), is the first aid skills training program schools use. Consisting of a 90-minute training workshop and teaching resource, the program aims to build awareness and develop basic CPR skills.

### What's new in CPR?

From 2007, a new CPR technique will be taught as part of the *CPR for Life* program. This technique has been ratified by QAS and follows the latest Australian Resuscitation Council guidelines for CPR, and conforms to international standards.

### What do teachers need to know about the new CPR technique?

Teachers do not need formal qualifications in CPR or first aid to teach students the new technique. QAS advises that the *CPR for Life* Teacher demonstration DVD, together with the revised *CPR for Life in schools* Teachers' pack, will be sufficient to train or retrain teachers in the skills they need.

### How will the revised program be resourced?

All schools with students in Years 11 and 12 will be provided with new *CPR for Life in schools* training resource kits to upgrade current kits. These include:

- a *CPR for Life* Teacher demonstration DVD
- five revised information sheets for the *CPR for Life in schools* Teachers' pack
- a *CPR for Life in schools* Student training DVD
- 20 x A4 laminated *CPR for Life in schools* Technique charts for use as class sets
- 200 x *CPR for Life in schools* Step wallet cards for students
- updated manikin order forms.

### What will be required of schools?

Schools are required to report on the full implementation of CPR skills training, and data will be collected in November as part of the Schools Management System (SMS).

Those schools who have not delivered CPR skills training to all of their Year 12 students prior to November, can access a second SMS download in February the following year. Only the number of Year 12 students who have been trained in CPR skills or have been awarded recognition of prior learning (RPL) should be included in these SMS downloads.

*CPR for Life* training represents the minimum standard (non-certificate) of first aid skills training, although RPL may be given to formal CPR accreditation where applicable.

### Where can I find further information?

Visit the *CPR for Life in schools* website located at [www.ambulance.qld.gov.au/schoolcpr/](http://www.ambulance.qld.gov.au/schoolcpr/) for:

- general information about the program
- a list of frequently asked questions (FAQs)
- templates for *CPR for Life* Participation certificates
- downloadable resource materials.

Contact the *CPR for Life* Project Coordinator at [cprforlife@emergency.qld.gov.au](mailto:cprforlife@emergency.qld.gov.au) or by FreeCall 1300 369 003 for information about the training provided by the QAS.