

First Aid Kits

Queensland Ambulance Service (QAS) recommends the following items for a first aid kit in the home

- 1 packet of safety pins
- 1 packet of plastic strips
- 1 roll of non-allergenic tape
- 2 sterile eye pads
- 4 triangular bandages
- 1 conforming cotton bandage (10cm)
- 1 conforming cotton bandage (7.5cm)
- 1 conforming cotton bandage (5cm)
- 1 hospital crepe bandage (10cm)
- 1 sterile combine dressing (9 x 10cm)
- 1 sterile combine dressing (20 x 20cm)
- 1 medium wound dressing (#14)
- 2 non-adhesive dressings (5 x 7.5cm)
- 1 non-adhesive dressing (10 x 7.5cm)
- 1 pair stainless steel medical scissors
- 2 square gauze swabs
- 1 pair tweezers
- 1 pack (10) latex gloves
- 1 resuscitation mask
- 2 bottles eye irrigation (15mL)
- 1 bottle antiseptic cream (50g)
- 1 wound closure steri-strip
- 1 stainless steel splinter remover
- 1 saline sachet (30mL)
- 5 alcohol swabs
- 1 first aid hints booklet



QAS encourages you to be prepared for an emergency. Enrol in a QAS first aid course to learn vital life-saving first aid skills.

Book online at www.ambulance.qld.gov.au

or call 13 QGOV (13 74 68)