



Clinical Practice Procedures: Drug administration/Sublingual

Policy code	CPP_DFA_SUL_0120
Date	January, 2020
Purpose	To ensure a consistent procedural approach to sublingual drug administration.
Scope	Applies to Queensland Ambulance Service (QAS) clinical staff.
Health care setting	Pre-hospital assessment and treatment.
Population	Applies to all ages unless stated otherwise.
Source of funding	Internal – 100%
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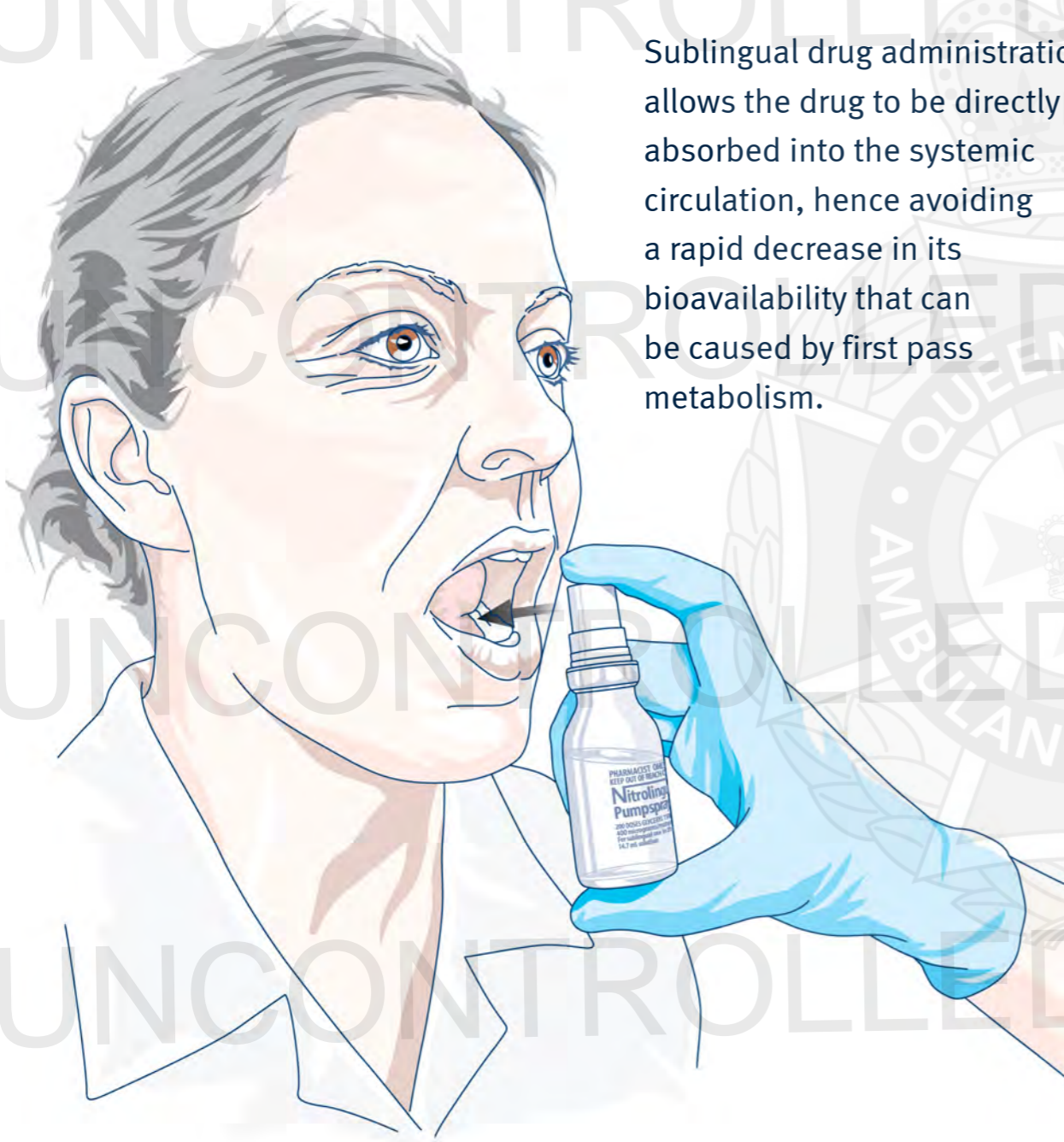
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Sublingual

January, 2020

Sublingual (SUBLING) medications are delivered under the tongue and absorbed through the mucous membranes of the mouth.

Sublingual drug administration allows the drug to be directly absorbed into the systemic circulation, hence avoiding a rapid decrease in its bioavailability that can be caused by first pass metabolism.



Indications



- The administration of medication via the SUBLING route

Contraindications



- Nil in this setting

Complications



- Nil in this setting

PROCEDURE

Refer to the relevant QAS Drug Therapy Protocols (for example, *DTP: Glycerol trinitrate*).